

SAN DIEGO UNIFIED SCHOOL DISTRICT

Date: November 6, 2014

To: Middle/Junior and Senior High School Principals

Subject: YOUTH RISK BEHAVIOR SURVEY AND CALIFORNIA HEALTHY KIDS SURVEY

Department and/or Persons Concerned: Principals

Due Date: March 27, 2015

Reference: None

Action Requested: Complete surveys by March 27, 2015.

Brief Explanation:

As part of a cooperative agreement with the Centers for Disease Control and Prevention (CDC), all senior high schools are required to complete the Youth Risk Behavior Survey (YRBS) conducted by the Physical Education, Health, and Athletics Department. Through funding from the San Diego Office of Education, the California Healthy Kids Survey will be conducted. The passive consent is item number 30 on the 2014-2015 Student Enrollment Form.

The YRBS was developed by the CDC and is the instrument used nationwide to gather health information about adolescents. This is the fourteenth biannual YRBS conducted in our district. The survey includes questions concerning alcohol, tobacco, and other drug use; nutrition; intentional and unintentional injuries; physical exercise; and sexual behavior. The YRBS is an important component in the development of programs that promote healthy behaviors in the young people of our district.

The CHKS will survey students statewide in Grades 7, 9, and 11 to provide data that will assist schools in: (1) preventing youth health-risk behaviors; (2) promoting positive youth development; and (3) fostering positive school climates. This online survey will be administered through the Counseling and Guidance Department.

To minimize the impact on your instructional program, YRBS and CHKS will be conducted simultaneously from February 2, 2015 – March 27, 2015. All students in Grades 7, 9, and 11 will participate in the CHKS. For the YRBS, a small number of classes in Grades 9-12 will be randomly selected by the CDC.

Your site will receive a copy of each survey for parents to preview. The Physical Education, Health, and Athletics Department and Counseling and Guidance Department staff will coordinate survey administration.

Please contact the Physical Education, Health, and Athletics Department at (619) 725-7121 for additional information about the YRBS or the Counseling and Guidance Department at (619) 725-7234 for information about the CHKS. Thank you for your assistance.

Bruce Ward
Director Physical Education
Health and Interscholastic Athletics

APPROVED:

A handwritten signature in black ink, appearing to read 'J. Solo', written in a cursive style.

Jim Solo
Executive Director
Office of Leadership and Learning

BW: rm

Distribution: Lists A, E, and F